



September Challenge

CLASS TRACKER

10 LIVE CLASSES
(IN-STUDIO OR VIRTUAL)

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

5 CLASSES OF YOUR CHOICE
(IN-STUDIO OR VIRTUAL)

- _____
- _____
- _____
- _____
- _____

*Girl, it feels good
to be strong!*

-BRIT

grit